



MISA 2026 Roster

Club Name:	Age Group:
Head Coach:	Phone:
Assistant Coach:	Phone:
Assistant Coach:	Phone:

Players (First and Last Names):

1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.
21.	22.
23.	24.

Please adhere to roster maximums: 18 for 5th/6th, 22 for 7th/8th, 24 for High School

The club's registrar is required to sign this roster to verify that the players and coaches listed are registered, insured with US Club Soccer, and authorized to play in the correct age group. Each club accepts all liability for players and coaches participating in the Marin Interleague Soccer Alliance.

Club Registrar, Signature	Club Registrar, Printed Name	Date



MISA 2026 Game Rules

Age Groups -- Game Time, Ball Size, Number of Players on Field:

- 5th/6th Grade: Two 30 Minute Halves; Size 4 Ball; 9v9 (Includes Goalie); 5 players minimum
- 7th/8th Grade: Two 35 Minute Halves; Size 5 Ball; 11v11 (Includes Goalie); 7 players minimum
- High School: Two 40 Minute Halves; Size 5 Ball; 11v11 (Includes Goalie); 7 players minimum
- All Grade Levels: 10 Minute Halftime Interval
- If team cannot start game with minimum # of players, the team must forfeit the game.

Tie Games

- Regular season games may end in a tie (no overtime).

Intentional Heading or Directing of Ball with Head:

- 5th/6th Grade: Not Allowed. Violation results in Indirect Free Kick.
- 7th/8th Grade + High School: Is Allowed.

Playing Time, MISA Substitution Rule, Yellow/Red Cards:

- All players must participate in at least 50% of the game, unless injured. Violation can result in forfeit.
- Substitutions may occur at any stoppage of play and at the discretion of the referee.
- Player given a red card, or 2 yellow cards resulting in a red card, is ejected from game and suspended for team's next game.

Blow Out Policy:

A blowout is winning by more than 6. (7-1 is acceptable, 8-1 is not.) MISA shall enforce its blowout policy rule (see MISA website).

Playoff Rules:

Check MISA website for most up-to-date playoff rules.

MISA Roster Card Policy:

- Coaches must present a copy of the roster card at the game either in printed, laminated form or in digital form. Digital copies will be kept on file with MISA admin and must match what is presented at the game.
- All rosters become frozen October 1st. Exceptions can be presented to the board for approval.

- Only registered and insured players within the MISA organization may play on a MISA club team.
Players in competitive leagues are prohibited from playing on a MISA team. If a team does not have a roster at game time or plays a player who is not on the roster, the MISA board reserves the right to take appropriate action which could include a forfeit or change in the outcome of the game, a suspension of the team from playoff games, or suspension of a coach from current or future seasons.
- Only rostered coaches may coach games. A MISA club may request a temporary or fill-in coach on a per game basis if the rostered coaches are unavailable. The respective club's registrar must send an email to the MISA Admin (coordinatormisasoccer@gmail.com) stating that the coach is authorized, and must present that email during the game upon request.